



Poster Board No. **104**



Anti-inflammatory effects of *Cannabis sativa* L. in human keratinocytes



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INTRODUCTION

Dermatitis and psoriasis are inflammatory diseases in which keratinocytes, the most abundant cells in the epidermis, play a key role in the release of numerous pro-inflammatory factors (e.g. IL-8, MMP9, and VEGF). Chronic inflammation results from dysregulation and abnormal expression of inflammatory mediators or their receptors in keratinocytes. IL-8 is involved in neutrophil recruitment and VEGF regulates the angiogenesis process, while MMP9 contributes to the degradation of extracellular matrix. These pro-inflammatory mediators are regulated by different transcription factors, including NF-κB. The downregulation of keratinocytes inflammatory markers and the inhibition of their interaction with immune cells may be an effective target in the treatment of inflammatory skin diseases. *Cannabis sativa* L. (*C. sativa*) is a dioecious plant belonging to the family of Cannabaceae. The flowers contain the highest concentration of cannabinoids like delta-9-tetrahydrocannabinol (THC), cannabidiol (CBD) and its carboxylated form (THC-COOH and CBD-COOH). *C. sativa* and its anti-inflammatory activity have been studied in various models, however, no studies on human keratinocytes have been reported.

RESULTS

- Both the extracts were not cytotoxic till the highest concentration tested of 50 µg/mL.
- Both the extracts inhibited IL-8, MMP9 and VEGF release and NF-κB driven transcription induced by TNFα, with IC₅₀s below 50 µg/mL, while CBD was active only on NF-κB driven transcription (IC₅₀: 2.85 µM), suggesting that other compounds are involved in the biological activity.
- The extract containing 5% CBD+CBDA (25 µg/mL) and the corresponding concentration of cannabidiol (4 µM) were tested on the expression of 84 genes related to inflammation. The extract decreased the mRNA levels of several pro-inflammatory genes and for some of them CBD was responsible, at least in part, for the activity.

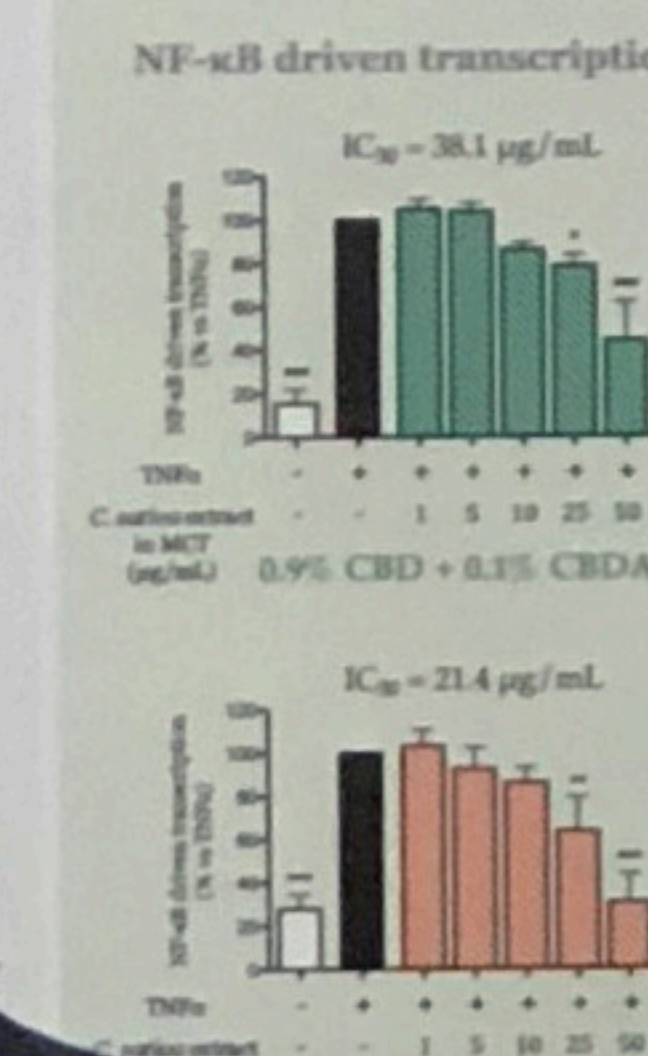


The aim of this study was to evaluate the anti-inflammatory activity of two *C. sativa* extracts, standardized in 0.9% CBD + 0.15% CBDA (MCT) and 0.9% CBD + 0.15% CBDA (MCT) (THC < 0.1%), in human keratinocytes.

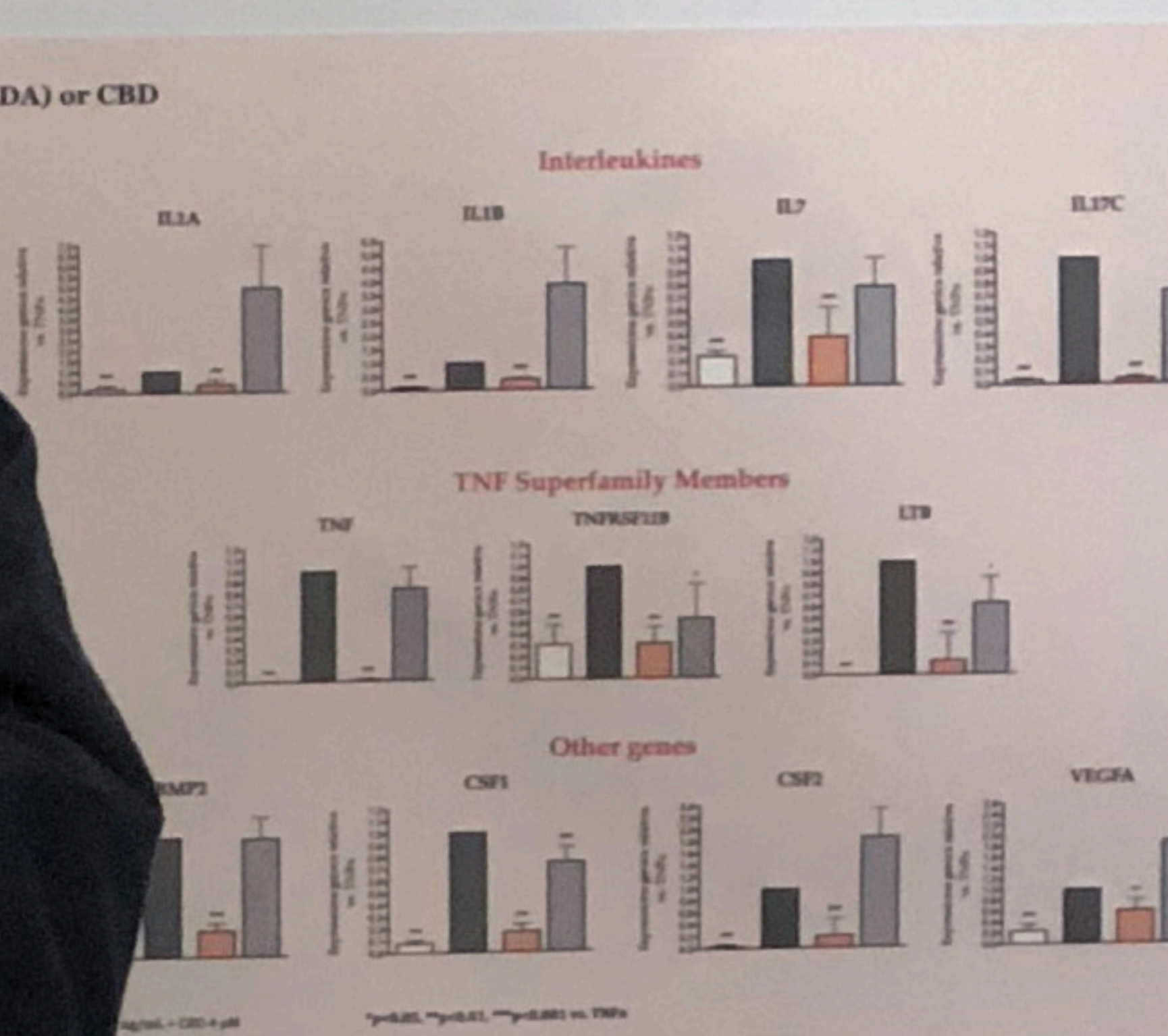
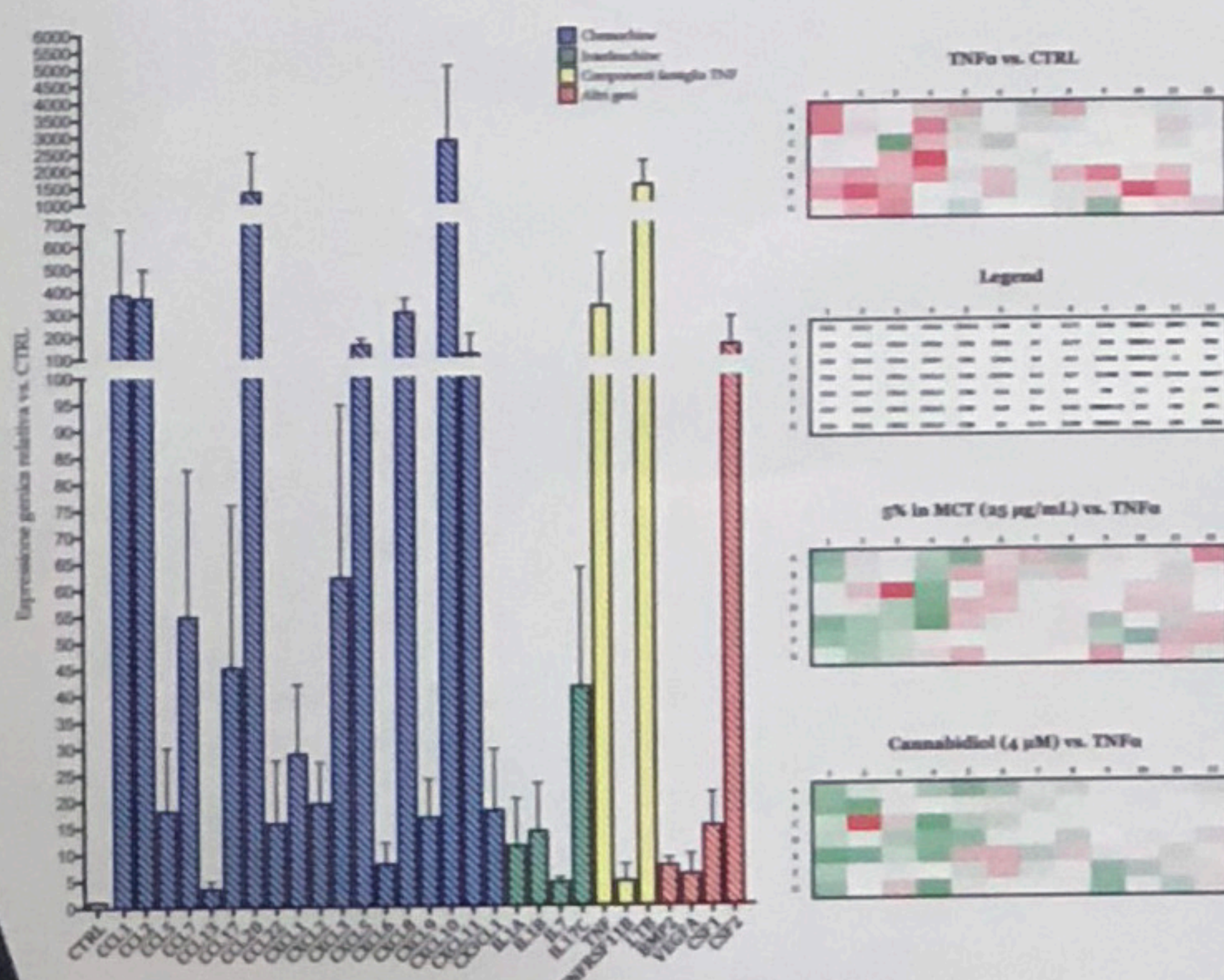
Effect of *C. sativa* extracts on IL-8 release



Effect on NF-κB pathway



Genes overexpressed by TNFα treatment in HaCaT cells

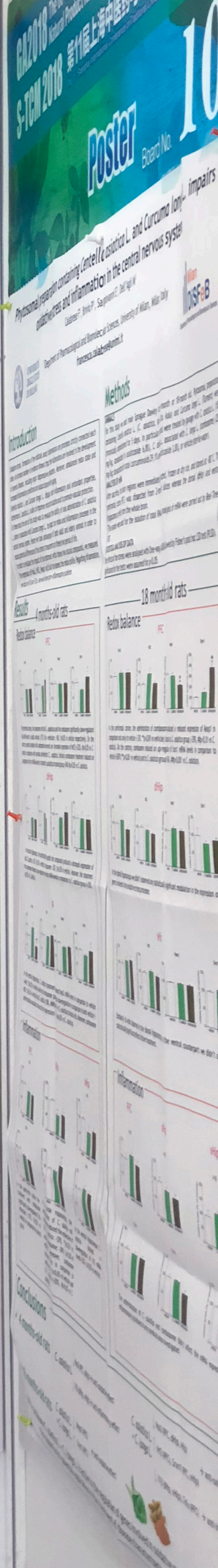


CONCLUSIONS

These results suggest that *C. sativa* extracts may counteract the cutaneous inflammatory processes by interfering with NF-κB pathway.



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Cannabis sativa L. (*C. sativa*) is an annual herbaceous plant belonging to the family of Cannabaceae. The flowered tops of this plant contain the highest concentration of cannabinoids like delta-9-tetrahydrocannabinol (Δ9-THC), cannabidiol (CBD) and its carboxylated form (cannabidiolic acid, CBDA).

CBD is the second major cannabinoid occurring in *C. sativa* and its anti-inflammatory activity on skin has been demonstrated in mice; however, no studies on human keratinocytes inflammation have been reported so far.

AIM OF THE WORK

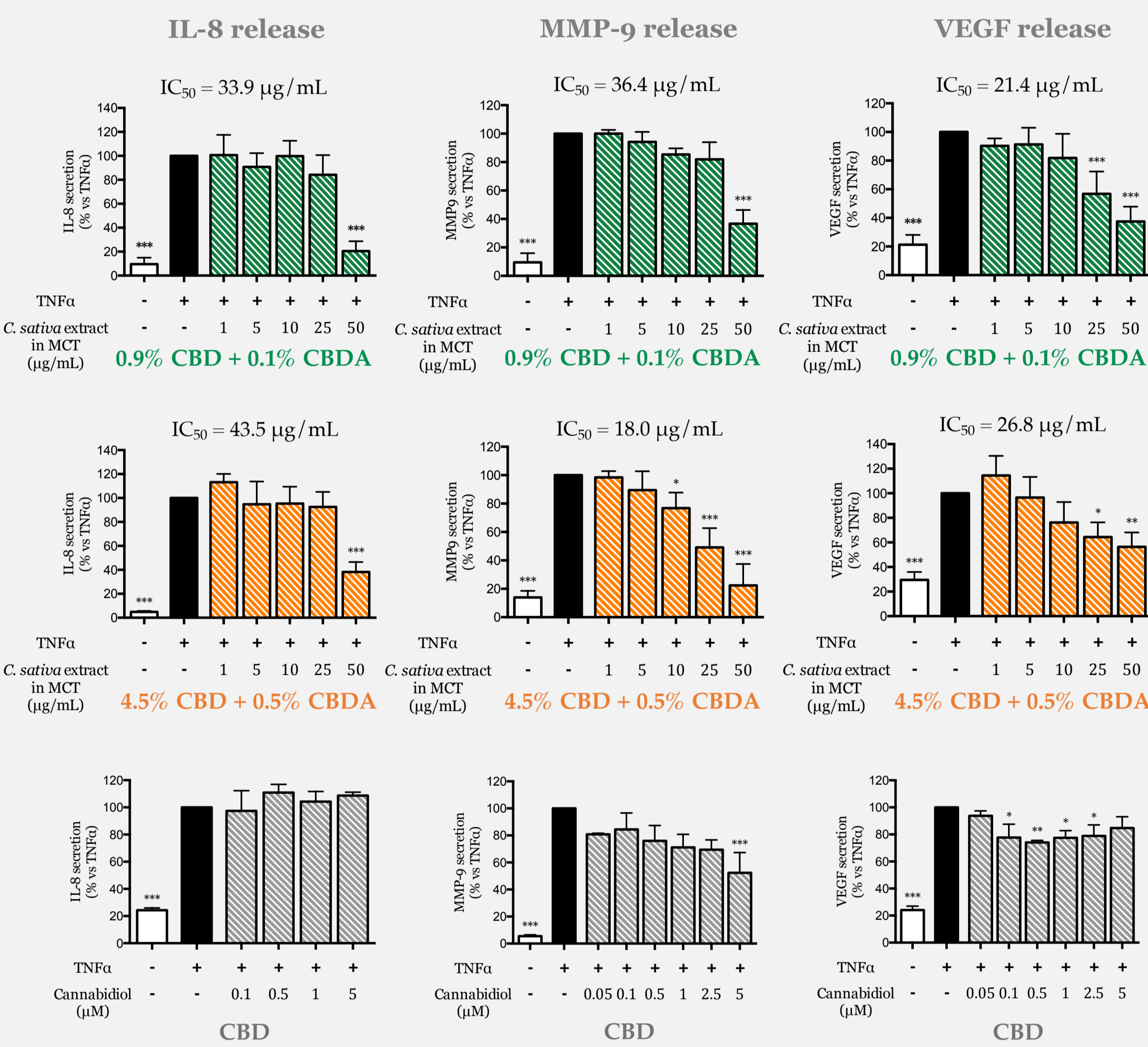
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RESULTS

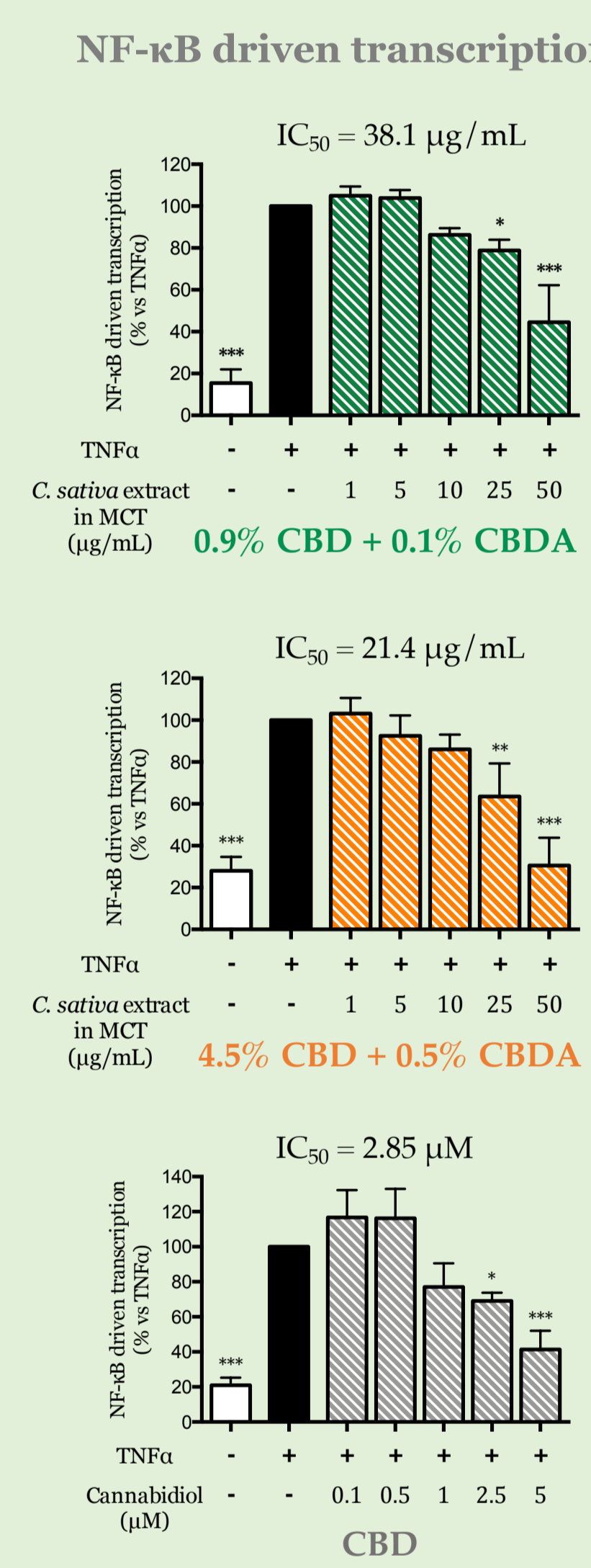
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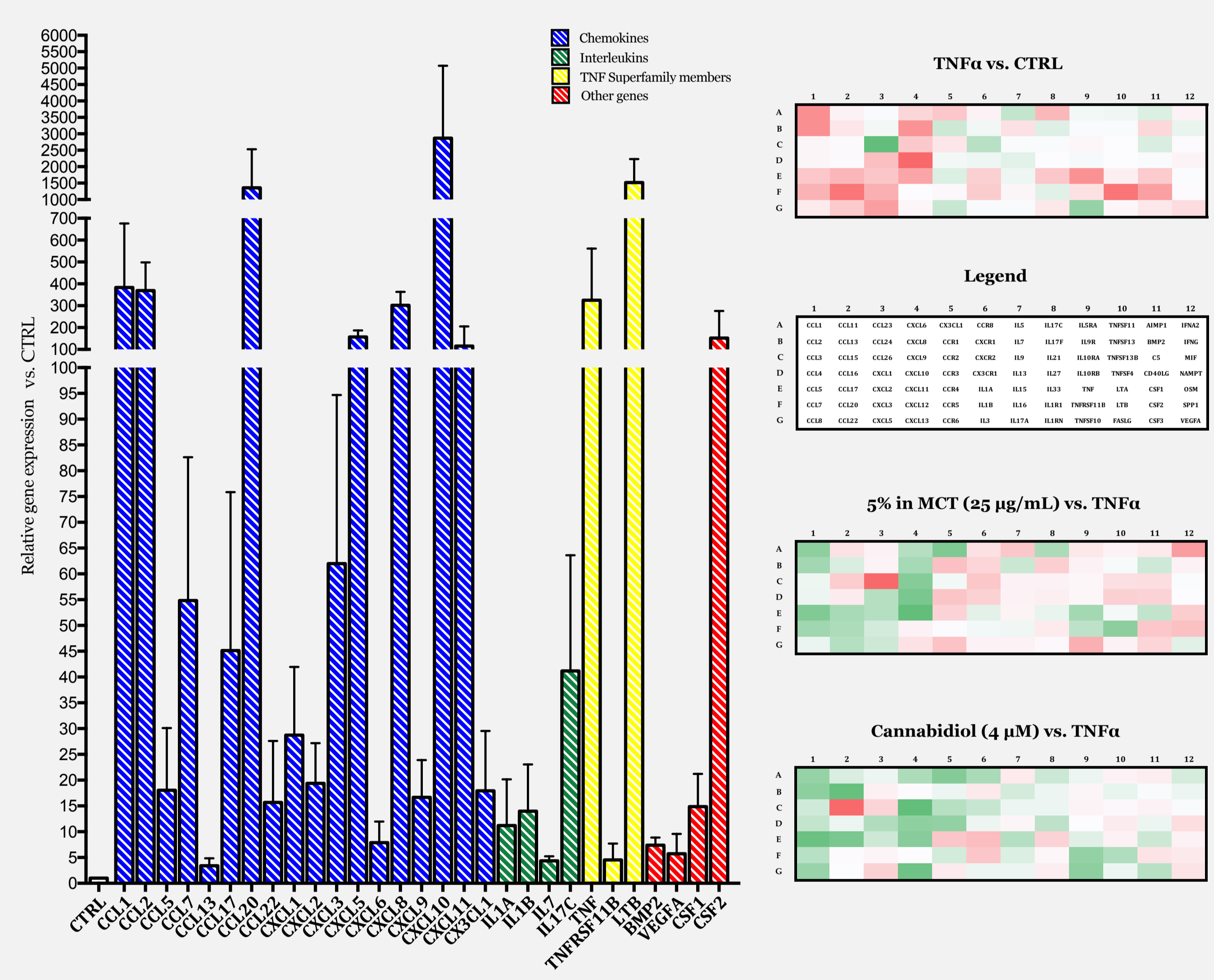
Effect of *C. sativa* extracts or CBD on pro-inflammatory mediators



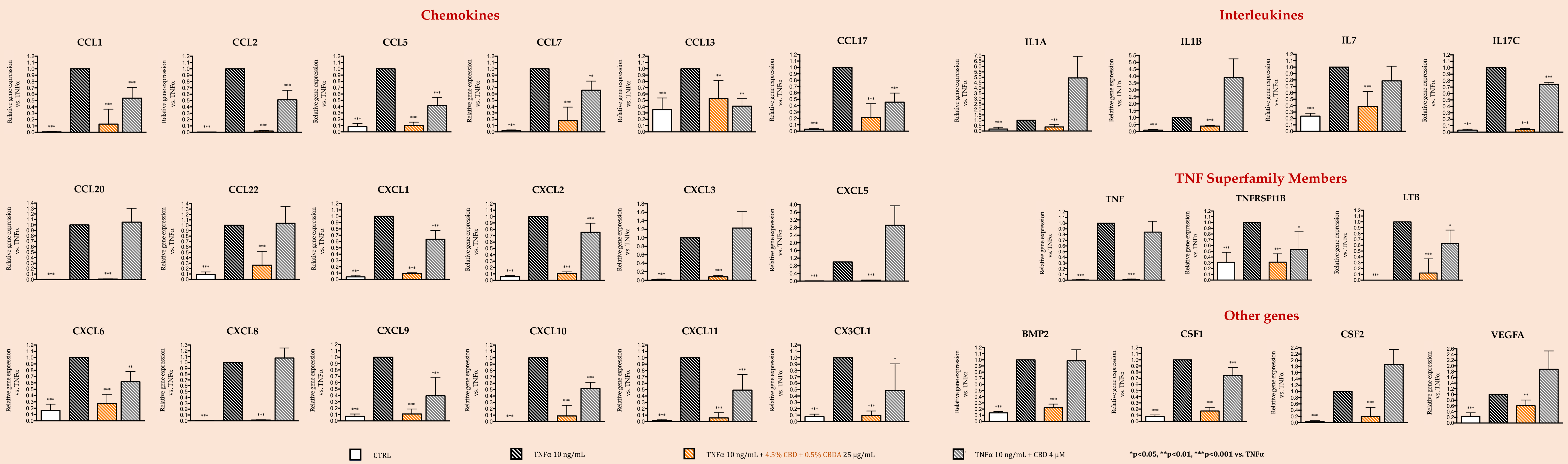
Effect on NF-κB pathway



Genes overexpressed by TNFα treatment in HaCaT cells



Genes modulated by *C. sativa* extract (4.5% CBD + 0.5% CBDA) or CBD



MATERIALS AND METHODS

- The extracts, containing 1% or 5% CBD+CBDA, were prepared by LINNEA SA (Riazzino, Switzerland).
- HaCaT cells were grown in 24-well plates (6 × 10⁵ cells/well) for 48 h; cells were treated with TNF-α at 10 ng/mL and extracts/compound under study. IL-8 release, NF-κBluc and gene expression were evaluated at 6 h, while MMP-9 and VEGF release at 24 h.
- The cytotoxicity of the extracts and CBD was evaluated by MTT test at 6 and 24 h.
- IL-8, MMP-9 and VEGF release were analysed by ELISA assays, NF-κB driven transcription by a luciferase reporter plasmid, while gene expression by real-time PCR.

CONCLUSIONS

These results suggest that *C. sativa* extracts may counteract the cutaneous inflammatory processes by interfering with NF-κB pathway.